



## QUICK QUIZ

**Q1.** 211 is an information and referral number any one can call for assistance. Which of these concerns can be addressed through 211?

- A. Help with an elderly family member
- B. Resources for childcare
- C. Information about homeless shelters
- D. A, B and C

**Q2.** A friend from church just confided in you that her husband has physically abused her on multiple occasions. She is thinking about leaving but is too scared to actually do it. Where can you refer her to receive confidential help and support, without having to go to multiple places?

- A. Arise Sexual Assault Services
- B. Hartley House
- C. Salvation Army
- D. Both A & B

**Q3.** In New Mexico, the number of children under the age of 18 who have experienced 3 or more Adverse Childhood Experiences or ACES (the national average is 11%):

- A. 10%
- B. 15%
- C. 18%
- D. 21%

**Q4.** You and your family members want to undertake a group volunteer project as part of your holiday celebration. How can you find out about nonprofit volunteer opportunities?

- A. Call 2-1-1
- B. Contact someone in your HR department
- C. Visit the website [volunteerenm.org](http://volunteerenm.org)
- D. A and C

## COMMUNITY IMPACT FUND QUICK STORIES

United Way of Eastern New Mexico is changing the odds for families in eastern New Mexico. Our mission is to bring people and resources together to measurably improve lives and strengthen our communities. With the help of community collaboration from many different sectors, we have developed strategies to help individuals and families in our four-county service area. Through our annual grant-making process, UWENM is working with community partners to focus and align our community around a set of shared strategies designed to improve family stability and educational attainment.

### Arise Sexual Assault Services

Arise Sexual Assault Services saw a victim for sexual assault exam. The patient was very distraught and unsure about reporting to law enforcement after the assault. The Arise team worked with the patient through the exam. After the exam, she decided to report to law enforcement. Arise helped her through the process. Several months after the exam, the patient called back and informed Arise that she had changed her major to nursing because of the care she received.

### Clovis Meals on Wheels

Clovis Meals on Wheels help a woman that suffers with multiple health issues. She is unable to stand for even short periods and due to extreme rheumatoid arthritis, she is unable to hold dishes without dropping them. She struggles with daily tasks and cannot prepare her own meals. She receives daily meals under the share the cost program. Without the Share the Cost program and the nutritious meals she receives, she would not be able to stay in her home.

### Girl Scouts

Girl Scouts had a disabled girl who it had been a great joy to watch flourish over her time in Girl Scouts. She has gained confidence and courage. She now will get up in front of the troop and talk about tasks. She has also become more social and has grown in life skills rapidly.